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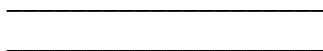
Welcome to Spring!

At this time of year, I turn to my resources in order to help me appreciate the change of seasons upon us now. In his book **NATURE-SPEAK: Signs, Omens and Messages in Nature**, Ted Andrews tells us the occult significance of Eastertide:

“The entire initiatory path of the Christian Mysteries is outlined during Eastertide. Easter is still the one holy day determined by the stars. It falls always on the first Sunday following the first full moon of spring - after the vernal equinox. Gnostic and esoteric tradition tells us that only the highest initiates are able to participate in the mysteries and energies that occur at the equinox itself. That may have been so in the past but no longer is that so. For everyone, the celestial energies of the equinox can be celebrated at least in a ‘reflected’ manner at the time of the full moon. (Students of astrology will recognize that the moon reflects the light of the sun, and thus has significance to the time at which Easter is celebrated.)

We have an ideal opportunity during Eastertide to access energies to transfigure our lives. It is a time supervised by the Archangel Raphael-The Keeper of The Holy Grail. It is his task at this time of year to help open the senses so that the soul can truly see and know what the individual in this path must do.

This is a celebration that can assist us in our ever-upward spiral. It is a time of great angelic celebration, a time when we can connect more with the angelic and Nature’s messengers so as to resurrect our own lives. It is a time in which new teachers are often awakened to their tasks and purpose. It is a time in which those who have such a leaning can discern the esoteric power of music and flowers.”



As I write you this “Coming-of-Spring” newsletter, I encourage you once again, to set your intentions in a clear, positive language. I just returned from several days in New Mexico and a **Medicine For The Earth** gathering. Over thirty of us met and as the Spirits called, Sandra Ingerman led us for our time together - to journey, to share what our roles are in the world today. We discussed the importance of our choice of words in thinking and speaking! We also focused on creation and manifestation.

In one of the earliest journeys together we were to visit with a seed of our choice, knowing that the seed is the ‘inner’ that creates the ‘outer.’ Ah, how appropriate

this time of year!

As a gardener whose vegetables over the years are succumbing to more and more flowers, the sizes of seeds are a lesson I've been learning for over 20 years. I chose the seed of a yellow squash for my journey - not the tiny flower seeds I've attempted to reproduce.

In my journey, seed in hand, I asked the seed, "What is it that you need?"

The seed replied, "What it is you think I need?"

So I got out my tablet and pen and listed:

Earth

Water

Warmth

Protection

Sun light

Nothing new here. So, then, I put on my strap-on headlight, while setting my seed on a table. I then picked up my multi-lense magnifying glass with my left hand and a very long, thin sewing needle in my right hand.

As if I were on **CSI: Sante Fe/Medicine for The Earth**, I began to gently touch my seed with a very long, thin needle - as if I were examining that perfect crystal or even getting a splinter out of my finger!

Turning the seed over, examining it's shape, color - it's power and it's innocence.

All of a sudden, I touched this seed with a different pressure. An explosion issued. AN EXPLOSION OF LIGHT!

There simply was no more me! Light is and all there is! In this journey anyway. So I wish this for all of you this Spring - an explosion of light to shower you.

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Also, from Ted Andrews on page 141:

#### SPRING TALES

One of the best ways of opening to the energies and rhythms of the season is by reading and even meditating on myths, tales and stories that reflect those energies. Take a day periodically throughout the spring season and read some of these tales outside. They can even be used in meditation prior to you "answer walks" to help you connect with Nature's messages more clearly. Imagine yourself as the hero/heroine of the story, and watch how the power of words magnifies the messages of the unspoken language of nature.

- Egyptian tale of the Resurrection of Isis
- Biblical events in the death & resurrection of Jesus
- Babylonian tale of the resurrection of Adonis
- Roman tale of the death & resurrection of Atlis

- Sumerian tale of Ishtar & resurrection of Tammuz
- Goethe's FAUST
- Greek tale "Jason and the Quest for the Golden Fleece"
- Native American tale of White Buffalo Woman
- Chinese tales of Kwan Yin
- Hassidic tale of "The Healing Tree"
- European tale "Snow White and the Red Rose"
- European tale of "Rumpelstiltskin"
- West African tale "Fire Children"
- Egyptian tale "Promises of the Three Sisters"
- Grimm's tale "Boy Who Went Forth to Find What Fear Was"
- Kiowa tale "Pasawee the Buffalo Woman"
- Chinese tale "Li Chi and the Serpent"
- Italian tale "Jump Into My Sack"
- Japanese tale "The Ugly Son"
- Takes of descent, rebirth and healing

**DOWSING and EARTH ACUPUNCTURE** With an introduction to Shamanic Journeying has been a workshop and apprenticeship program for well over a decade now. Since Slim Spurling's passing, interest has accelerated concerning work with earth, land and the structures built upon them.

Also, as our consciousness rises regarding 'energy efficiency', not only do we study new products to help but we learn to collaborate with out Elementals.

I have been asked to set up workshops in the following locations and ask for your support in filling them. Every property needs healing!

Consider joining us.

May, 2008: Boulder, CO

Early June, 2008: Arvada, CO

June 14-15, 2008: Woodland Park, CO

June 20-21, 2008: N.E. Nebraska

Sept., 2008: Abiqui, New Mexico

You will go home with a kit valued at \$100 to work on your home and office. Please look at workshop descriptions at [www.karenriceking.com](http://www.karenriceking.com).

Love,  
Karen