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Hi Everyone!

This fall has blown in quickly, as we are surrounded by change. Some change we saw coming — or did we? We are together taking on challenges we never quite “thought” or “felt” belonged to us, personally.

Is this a “Who Let the Dogs Out?” uh-huh, uh, huh.

Community takes on a new meaning as our neighbors are losing their homes, jobs. . . Yes, this is a challenging OPPORTUNITY to build community.

What a concept. When folks ask me how I got into dowsing, I say: “I need a yes or no answer to every question. If the question is asked clearly, there will be a yes or no answer.”

Sounds simple? It really is. Life is so simple, as Quantum Physics shows, that our thoughts and our choice of words that we speak manifest in our world very quickly. It is so beneficial to do our prayer work, to meditate and to edit our words.

So now, FEAR comes into play. Are we blindfolding ourselves to escape the magic of fear? Fear and anger keep us alive! Without them, we couldn't sense danger.

The people followed the herds. Why? Because animals are “body dowsers.” The herds found the water and food to survive. People followed the animals all over this Planet. And we learned to “sacrifice” animals, in order to survive as animal/humans ourselves.

I need to keep this simple! Find your path. Eat your veggies, fruit, grains, and meat with gratitude for those who have hunted before you. And be thankful every day when your eyes open for whatever Spirit serves you.

And be grateful you voted!

In *The Power Path: A Shaman's Way to Success in Business and Life*, Jose Stevens, Ph.D., and Lena Stevens wrote in the Introduction, p. xv:

## WHAT IS A SHAMAN?

Shaman is an ancient Siberian word meaning "to see." A community leader, an exceptional individual who stands out for his or her superior talent as a prophet, healer, warrior-protector, storyteller par excellence, and/or man or woman of knowledge. Shamans' communities recognize them as the ones with answers to questions and with the clarity to envision the probable outcomes of particular actions.

Often they are the chiefs of their tribe and make major decisions that affect the survival of everyone. Shamans in all parts of the world exhibit remarkably similar and consistent philosophies and practices. Every major culture has a shamanic tradition, perhaps often hidden to us, but whose occasional surface ripples hint at the massive undercurrent that courses below.

We name our vehicles and sport teams after animals, never realizing that this is an ancient shamanic practice meant to draw Power from nature, the world of the animal spirits.

Natural medicine is another shamanic practice we've inherited. We advertise and promote the benefits of herbs and plants that heal without the harmful side effects of laboratory chemicals.

Yet in the process of proclaiming an advanced, scientifically minded people, we have forgotten our roots, the reality that reminds us of an essential, hidden knowledge — the wisdom of the Shamans.

One of the core activities of Shamans around the world is accumulating power, the power to carry out their duties as healers, prophets and guides for their peoples. Without sufficient power, Shamans are vulnerable to the elements of nature and helpless in the face of disease, dysfunction, and spiritual malaise. A Shaman without power can accomplish nothing. To understand a Shaman's perspective is to understand how they view their power and how they go about accumulating it.

## Summary

### Important Concepts to Remember

- Shamans and business leaders have much in common. Both are:
  1. Problem Solvers
  2. Leaders to their people
  3. Viewers of the big picture
  4. Forecasters of events
- Shamans accumulate power just as business leaders do, but from a different context.
- Shamanic rules about power can help us in business and in our lives.

This recent September, I met at Ghost Ranch with over 80 other practitioners and teachers of shamanism from around the globe. We have all been trained by Sandra Ingerman, author of **Soul Retrieval** and **Medicine for the Earth**. We discussed current trends regarding the use and need for an understanding of ancient ways in our modern world. I am so grateful to this magnificent community and so thankful for all the works accomplished by our diverse members.

And soon, it will be a year since the passing of my long-time colleague, Slim Spurling. To honor his amazing contributions to the health of our planet, please take this time to consider the 25% off Earth Acupuncture offer for the next several months. With fall making its presence known and winter following, there are only so many days left when the weather will permit our placing of rods.

Also, please check out the changes to my website over the next few months at [KarenRiceKing.com](http://KarenRiceKing.com). I will be blogging with new data and successes regarding all types of energy work associated with my practice.

I will be checking with you again soon to make sure you enjoy getting my quarterly mailings. Do you prefer they end? Or come to you by email?

And please come to our fun and informative day of Feng Shui, Gems & Minerals on Saturday, November 15th, from 10:00 am to 5:00 pm, in Lafayette.

I'm also announcing a beginners' journey workshop in mid-January as we launch another Two Year Training in Core Shamanism.

Thank you for your continued support and the wonderful referrals through all these years.

Loving Light and Laughter,

Karen

# UPCOMING EVENTS IN 2009

## Spirit Journey: A Beginner's Experience of Shamanism

- WHEN:** Saturday, January 24, 2009
- TIME:** 10:00 am to 4:00 pm
- WHERE:** The Healing Dome  
6374 Niwot Road  
Longmont, CO
- COST:** \$111, includes lunch and Sandra Ingerman's \$20 book with CD,  
Shamanic Journeying: A Beginner's Guide

This is an opportunity to learn the ancient art of Journeying, to meet your Teacher and Power Animal, as our ancestors practiced for centuries. You will also learn to travel through guided visualization to a place of healing, just for you.

This workshop is a pre-requisite for **MEDICINE FOR THE EARTH** and the two year program in **CORE SHAMANISM**.

(Karen is one of Sandra Ingerman's recognized teachers. Please see Sandra's website: [www.ShamanicVisions.com/ingerman](http://www.ShamanicVisions.com/ingerman) )

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## Two Year Training in CORE SHAMANISM Peaceful Valley Ranch, CO

### 2009

- Session 1: Wednesday, April 22 at 4:00 pm through Sunday, April 26 after lunch
- Session 2: Wednesday, September 9 at 4:00 pm through Sunday, September 13 after lunch

### 2010

- Session 3: Wednesday, May 5 at 4:00 pm through Sunday, May 9 after lunch
- Session 4: Wednesday, September 8 at 4 pm through Sunday, September 12 after lunch

Most of the basic material was written by Sandra Ingerman, the Educational Director for the Foundation of Shamanic Studies. However, Karen will also draw upon her own teaching of Psychic Development, Meditation and Shamanism, since 1979.

**Prerequisites for this program:** You must complete a beginning journey workshop from a recognized teacher and submit an application of your experiences by February 22, 2009, to Karen. (Please see [www.ShamanicTeachers.com](http://www.ShamanicTeachers.com) for a list of teachers in your area.)

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### Pendulum Power And Dowsing for Earth's Message

**WHEN:** Saturday, February 28, 2009

**TIME:** 11:00 am to 4:00 pm

**WHERE:** The Healing Dome  
6374 Niwot Road  
Longmont, CO

**COST:** \$99, includes lunch, pendulum, and chart

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### Dowsing and EARTH ACUPUNCTURE

**WHEN:** Early June 2009

**WHERE:** Boulder County, CO

**TIME:** 2 Days, 10:00 am – 4:00 pm

**WHEN:** Mid-June, 2009

**WHERE:** Sacred Hoops Ministry  
Woodland Park, CO  
(West of Colorado Springs)

**TIME:** 2 Days, 10:00 am – 4:00 pm

**COST:** \$333, includes lunch, snacks, training manual, book, chart, pendulum, and rods to do your own home and office

## Chakras and Their Archetypes: A Circle

**WHEN:** March 3, 2009 – April 14, 2009

**TIME:** Tuesday Evenings, 6:30 – 8:30 pm

**WHERE:** Lafayette, CO

**COST:** \$140 plus the cost of your own book

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