



Karen Rice King, B.A., Certified Healing Arts Practitioner and Master Dowser  
P.O. Box 785 / Louisville, Colorado 80027  
303.665.0175 • [www.KarenRiceKing.com](http://www.KarenRiceKing.com)

September 2009

**"DO NOT BE CONCERNED WITH THE FRUIT OF YOUR ACTION!** Just give attention to the action itself. The fruit will come of its own accord. This is a powerful spiritual practice."

\* \* \* \* \*

### **THE TIMELESS STATE OF CONSCIOUSNESS**

"When every cell of your body is so present that it feels vibrant with life, and when you can feel that life every moment as the joy of Being, then it can be said that you are free of time. To be free of time is to be free of the psychological need of the past for your identity and the future for your fulfillment. It represents the most profound transformation of consciousness that you can imagine."

- Both quotes from Eckhart Tolle, *Practicing the Power of Now*, Novato, CA: New World Library, 1999

\* \* \* \* \*

Ah, Equinox Once Again!

Having just returned from a small getaway to the mountains, I'm reflecting on a story shared in the lobby of the Inn at Silver Creek, where my gorgeous, sweet condo resides.

A woman visiting recently from the Southeast U.S. asked, "Where can I get seeds for your lovely red pine trees? They are SO unique! I have traveled around the world and have never seen anything like them."

Beauty truly is in the eyes of the beholder! And for those of you who aren't informed, our Colorado Rockies lodge pole pines are being occupied and "transfigured" by a pine beetle. Since it has been going on for almost two decades on our federal, state, and private lands – I ask myself, "Who's been sleeping?"

Well, the good news is that trees are starting to be harvested because they pose a fire threat. And the beetle-infested wood that people are using for building interiors is unique, as our visitor from the Southeast remarked.

For those who are curious about the planetary work I've been involved with for decades, I am thrilled to share this with you! A special event is evolving: "Medicine for the Earth: How to Remove Personal and Environmental Toxins" (from the book by Sandra Ingerman). Sandra has engaged some scientists with this amazing body of work, and an "experiment" is underway.

On a Sunday in September, at a specific time announced to all participants from around the world, we as a group transfigured together, in order to lose our egos and channel healing energies to a particular lake and land in a state in the Northeast U.S.

Scientists have gathered data from the chosen area and elected it as a good subject area to test for a positive change, particularly in regards to pollution.

For so many lifetimes, my passion around our Natural Environment has enabled me to dabble in science. To set the record straight, my science originates from the source that created us all.

Taking this into consideration, many of you have recognized Earth Acupuncture as "scientific." And may I say how Medicine for the Earth represents the spiritual science that is "icing on the cake."

I am reformatting these subjects in my teachings to accommodate your curiosity, your schedules, your budgets, and your requests!

This material is much too precious not to get to those of you who appreciate it and want to be involved!

Enjoy this Fall season, as we are in our NOW.

Loving Light and Laughter,

Karen

Have you heard of shopping on **AISLE 19**? This is an exquisite opportunity to buy the things on your list every week by computer, get discounts, and have the products delivered to your front door! Call or email Karen for more information.

# UPCOMING WORKSHOPS & EVENTS

## FREE INTRODUCTION TO EARTH ACUPUNCTURE

**DATE:** Sunday, November 8, 2009  
**TIME:** 11 a.m. - 12:00 Noon + Q&A 12:00 - 12:30 p.m.  
**PLACE:** 1110 Quince Avenue, Boulder, CO 80304  
**COST:** Free!

In this hour presentation, Karen will cover some of the findings and resolutions that have occurred on properties, as well as maps of properties where she has performed Earth Acupuncture. The yard of the home where we are meeting will be "flagged" so you can try using dowsing rods to detect the negative stress lines.

This will give you an idea if you want Karen to perform this work on your property or you want to attend the Earth Acupuncture training scheduled at this home in late April or early May 2010. You will also have an opportunity to find out more about Karen's PAID APPRENTICESHIP PROGRAM in Earth Acupuncture.

## EARTH ACUPUNCTURE TRAINING

**DATE:** Sunday, April 11 and Sunday, April 25, 2010  
**TIME:** 10:00 a.m. - 2:00 p.m.  
**PLACE:** 1110 Quince Avenue, Boulder, CO 80304  
**COST:** \$250

**INCLUDES:** Complete Training Manual; bundle of rods to protect your own home; Egyptian rods for your office; and compass. Lunch will be served on both dates, plus snacks and beverages.

**RESERVATIONS:** Please call Karen at 303.665.0175 to reserve your place, as space is limited for both events!

## SPIRIT JOURNEY: A Beginner's Experience of Shamanism

This course will be offered once more in 2009 and again in February 2010, making it useful for today's Health Care Professionals: Doctor's, Nurses, Hospice Workers, Psychiatrists, Psychotherapists, Social Workers, and Body Workers. This course is also for those who want to develop in their personal lives from this amazing body of work. It is the prerequisite for all shamanic courses, including HEALING & CORE SHAMANISM, the two year residential program listed on *KarenRiceKing.com* and *ShamanicTeachers.com*.

## HEALING & CORE SHAMANISM in 2010

Karen is redesigning the two year program in Healing and Core Shamanism to create both a residential program and a local program. The residential program is the **TWO YEAR TRAINING IN CORE SHAMANISM** that meets for five days each spring and fall for two years, 2010 - 2011, at Peaceful Valley Ranch in Lyons, Colorado. Details are listed on *KarenRiceKing.com* and *ShamanicTeachers.com*.

In addition, a non-residential program, **BEYOND SPIRIT JOURNEY**, will be offered locally, and the four sessions (listed below) will be spread over a 9-month period. Each session will be given one weekend a month, Saturday 10 a.m. - 4 p.m. and Sunday 10 a.m. - 2 p.m., so you may go home at night. This may be more convenient for some participants, but please be aware that we have found the residential program has a deeper intimacy and spiritual quality to it.

Both programs require that you take the intro class, **SPIRIT JOURNEY**, with Karen or one of the recognized teachers from Sandra Ingerman's formal training. Karen also requires you to fill out an application packet for both programs.

You may sign up for any of the four sessions individually, or you can join a group which will go through all sessions, presented locally during a single year. We would like to know your interest in participating in any or all of the sessions below:

### **1. Death & Dying**

In this workshop participants will learn how to access the other worlds to better prepare themselves for loss in their personal and professional lives. We will learn how to help spirits who are stuck "cross-over," as well as learn how to work with properties being affected by many deaths.

### **2. Soul Retrieval**

This session covers the subjects surrounding soul loss, as well as learning to perform a traditional Soul Retrieval on a friend or client. Long Distance work will also be covered.

### **3. Extraction and Healing with Spiritual Light**

We will learn to "extract" what may be the reason for illness or distress in a friend or client. Also, we will learn to use SPIRITUAL LIGHT for help and healing in session with others.

### **4. Medicine for the Earth: How to Remove Personal and Environmental Toxins**

This session is based on the book by the same title, by Sandra Ingerman. The group will experience the preparation and practice for working with toxins and how to heal our lives.

In all sessions, we will share some crafts together as well as special healing ceremonies.