

# KAREN RICE KING: EARTH ACUPUNCTURE

## *The Local – Steamboat Springs*

by Andrea Jehn

For the past two decades Karen Rice King has been perfecting her version of a technique called “Earth Acupuncture.” King practices many forms of energy medicine on people and the earth, and has been intuitive her whole life. She can remember instances of clairvoyance, clairaudience, and clairsentience since a young age, and embarked on her life as an intuitive healer after a diving accident helped her break into self-healing in 1972.

Her modalities are many, but in recent years she has focused more on “Geobiology,” the study of the earth’s energetic effects on all forms of life, and dowsing to find underground elements or energy. Although it doesn’t get much press, Geobiology has been around since the 1930’s. Researchers in this field have been studying the disruptive energies beneath us and their effects on human health for more than 70 years.

In Earth Acupuncture, geobiologists dowse for “geopathic stress,” zones of energy which conflict with and cause harm to living organisms. They find the meridians, unseen electromagnetic energy lines, and map them out for the healing procedure. These meridians can be caused by underground water flow, radiation, elements in the earth, ley lines, and human impact (technology, construction, etc.) above and within the earth. These energy lines can be as frequent as every six feet, and can affect the physical and emotional health of all living organisms.

Partial list of geopathic stress symptoms: Sleep disorders, tingling, numbness, pain in arms and legs, chronic fatigue, aching and swelling, dizziness, frequent headaches, vision problems, disorientation, memory loss, instability, stress, nausea, inability to heal, allergies, problematic menstrual cycles, anxiety, listlessness, resistance to medical treatment, inability to absorb vitamins and minerals, ADD, MS, hyperactivity, depression and a general feeling of malaise.

If you suffer from any of these symptoms, you may want to have your house examined by a geobiologist. By placing metal or crystal rods in the earth on the intersections of these meridians, geobiologists can help neutralize negative energies affecting the earth as well as its inhabitants.

For homes, offices, and public areas, this stress-reducing technique is invaluable. King applies Earth Acupuncture to create what she calls a “safe zone.” Everywhere there is a negative stress line, King places rods, or “venting needles,” to divert the energy either upward or downward. This creates an energetic bubble of relief around the building or location.

By dowsing to find these negative lines on the property or on an enlarged map of the location, King finds the direction of flow and intersection points of these lines. The intersections are the highest in energy and the most dangerous areas to human health. By inserting rods into the ground, the energy is deflected around or above the house and its inhabitants. King also applies gem elixirs and crystals to the earth and home are to assist with dispersing and neutralizing the negative energies.

People vary in their susceptibility to geopathic stress, depending on their own energy vibrations and sensitivity levels. Most commonly, the stress affects the weakest areas of health and continues to break them down. In Europe, many geopathic practitioners and mainstream physicians have their seriously ill patients’ homes screened for geopathic stress.

Although King makes clear that healing these negative energies and being within the stress lines is hard work and taxes your energy, she states this is something that anyone can learn and practice, and encourages locals to help bring this valley back into balance.

King states that "Steamboat is a hotbed for meridians." High altitude, water content, and mineral content are combined amplifiers of these energy lines in this valley. High electromagnetic fields caused by electrical wires and power plants also amplify geopathic stress.

King is also presenting a very affordable, full two-day workshop. Attendees will be taught the Earth Acupuncture technique during this workshop, and will go home with a pendulum, compass, training manual, dowsing rods, gridding rods, and two books. Full organic meals will also be provided. Her workshop will be limited to 15 attendees, so early sign-up is encouraged.

*Andy Jehn has been a contributor for The Local since its inception and is a freelance writer and published author. She is also founder of her own Alternative Healing practice, Innerself Lightworks, practicing many of metaphysics' fine arts.*