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April 2010

Spring Forward, My Friends!

I've converted my practice's "mailing list" to email the quarterly newsletter. I hope this suits you, but please let me know if you'd prefer to NOT receive it as an email. Also, for those of you who enjoy reading a paper copy, please let me know. As your colleague, I can send you a few extra newsletters for handing out in your office, if you wish.

As I requested in the February newsletter, we are still accepting TESTIMONIALS (anonymous, of course) for my website: KarenRiceKing.com. Please submit your testimonial by April 30th to karen@karenriceking.com or mail a hard copy to: Karen King, P.O. Box 785, Louisville, CO 80027. The categories for testimonials are:

1. *Sessions in Person*
2. *Long Distance / Remote Healing*
3. *Earth Acupuncture / Dowsing*
4. *Teaching and Classes*
5. *Products Worth Sharing*

If your testimonial is chosen for publication, I will gratefully reward you with a free healing session using 7 hand-carved crystals for the major chakras, your personal mineral/gem layout, one small river rock, a tuning fork, recorded sound, and your ability to receive.

As controversial as our challenges may be right now, let me lay on some GOOD NEWS: again in 2010, I will not raise my rates! Let's raise the roof instead! It's so important to receive healing work, either in person or long distance. You may know that even if we haven't been together in 12 to 18 months, you are still in my Active File. And if you need support, don't forget you can simply ASK! My property clearing work continues to help clients with health, wealth, and happiness. Current pricing on properties will be posted on my website soon.

The upcoming training in Earth Acupuncture to "cure" your own home and office is scheduled for Sunday, April 25th. For those who are interested, this is the pre-requisite for my paid apprenticeship program in Earth Acupuncture. This work is still so important today with all our electronic challenges.

Spirit Journey: A Beginner's Experience of Ancient Healing and Spiritual Practices in Native America is offered Saturday, May 8, and again Saturday, July 17, in preparation for ***Beyond Spirit Journey: Two Year Residential Program***. The residential course meets for 5 days in the Fall and in the Spring at Peaceful Valley Ranch on the Peak-to-Peak Highway, beginning September 2010 and ending May 2012. For your application to be considered, I must receive it by July 1, 2010. You can find a description of the course at:

ShamanicTeachers.com

On the left side, click **Workshops-North America**

Click **Long Term Classes**

Scroll down to **September, 2010, Boulder County, Colorado**

I am very committed to all my current trainings and greatly appreciate your referrals. I am "modernizing" in order to vitalize these marvelous teachings for YOUR NEEDS AND INTERESTS.

The "Journey" training is especially important to bring Spirit and Nature back into your lives. And whether you use these teachings with family and friends, or take the integrative approach for your clients, I cannot stress enough how magical and all-embracing this work is. It is life-changing for all the right reasons. Please consider it for yourself or refer someone else and receive a free half-hour of my services.

Also, this offer applies if you help me get a free speaking engagement with any interested group, such as doctors, psychotherapists, body workers, realtors, etc.

Thank you for your continuing support since 1991!

I'd like to end this newsletter with these words from *How to Heal Toxic Thoughts*, by Sandra Ingerman, p. 17: "All spiritual practices teach about the power of intention. When we set an intention, we set in motion the wheels of change in our lives. When we set an intention, action naturally follows. If you say yes to the commitment, then set an intention now. This intention will start to create the action - the way for you to change your way of being in the world. One way to empower an intention is to tell someone else what you are planning to do. . . you might put the intention in writing, in a journal, in a note to yourself, or simply set it in your mind and heart."

And I might add: Or say your intention into one of Slim Spurling's famous rings!

Radiating and Absorbing Love, Laughter and Light,

P.S. THE SECRET OF AISLE 19 is a secret no more! This company is being watched by Fortune 500 companies, since it grew 500% in one fiscal year! Would you like to earn a couple hundred dollars a month with a minimal commitment? And how about being able to shop at wholesale prices in 5 proprietary stores? There is one for travel, one for cell phone industry needs, one for TV needs, one in a skin care industry from Hollywood, and one for superior health products. Or, you can shop on the Internet at over 500 of the stores where you usually shop, spending \$50, and having the order delivered to your front door, while you earn cash back. Or, you can join as an Independent Business Owner and shape YOUR LIFE the way you want! Compared to what is out there, you will be surprised, so check it out! Go to:

EscapeInternational.com

Click **Aisle 19**

Type "demo" (all lower case), in all the boxes to sign in.

If you are truly interested in a business opportunity, please call me at 303.665.0175

Or, if you just want to shop, please use my member number: **196263**

CURRENT WORKSHOPS, Updated as of April 2010

EARTH ACUPUNCTURE & EGYPTIAN METHOD: Curing Home and Office

WHEN: Saturday, April 25, 2010, 10 a.m. - 5 p.m.

WHERE: North Boulder, private home

COST: \$250, includes your training manual, copper rods prepared to "cure" your own home, Egyptian set of rods for your office or home, healthy snacks, lunch, bottled water, and beverages. Credit cards accepted.

PLEASE BRING: Notebook, pen, pencil, compass, hammer, clip board or hard surface to write on, knee pads, garden gloves, and sunscreen. Wear comfortable clothing, layered for weather changes, including a coat.

SPIRIT JOURNEY: A Beginner's Experience of Ancient Healing and Spiritual Practices in Native America

WHEN: Saturday, May 8, 2010, and Saturday, July 17, 2010
10 a.m. - 5 p.m.

WHERE: The Dome, 6374 Niwot Road, Longmont, CO 80501

COST: \$180, includes the book *Shamanic Journeying for Beginners*, plus the CD, by Sandra Ingerman, a special rock, snacks, lunch, bottled water, and healthy drinks. Credit cards accepted.

PLEASE BRING: Notebook, pen, drum, rattle or "sound maker," pillow, eye cover, blanket, and pad to lie down on if desired. Wear comfortable clothing.

BEYOND SPIRIT JOURNEY: A Two Year Advanced Residential Program

All four sessions will be held at Peaceful Valley Ranch, Lyons, Colorado (at altitude)

SESSION 1: DEATH & DYING

Wednesday, September 15, 2010, 2:00 p.m. through Sunday, September 19, 2010, 1:00 p.m.

SESSION 2: SOUL RETRIEVAL

Wednesday, May 11, 2011, 2:00 p.m. through Sunday May 15, 2011, 1:00 p.m.

SESSION 3: EXTRACTION and HEALING WITH SPIRITUAL LIGHT

Wednesday, September 14, 2011, 2:00 p.m. through Sunday, September 18, 2011, 1:00 p.m.

SESSION 4: MEDICINE FOR THE EARTH: How to Remove Personal and Environmental Toxins

Wednesday, May 9, 2012, 2:00 p.m. through Sunday, May 13, 2012, 1:00 p.m.

TOTAL COST: \$2,200 for four 5-day sessions, plus \$89/night double room and board, or \$109/night single room and board. Credit cards accepted and payment plans optional. Registration/payment deadline, July 31, 2010. APPLICATION must be submitted by July 1, 2010.

The basis of this remarkable body of work comes from Sandra Ingerman, Education Director at Foundation of Shamanic Studies with Michael Harner. Karen King is one of Sandra's recognized teachers of Shamanism, and has taught all types of classes since the mid-1970s. She is adapting this material for our modern lives, with particular attention for use with family and friends as well as professional applications. In the program, crafts will be included with special ceremonies and plenty of time working in the fabulous Nature of the Colorado Rocky Mountains.

You must have previously taken the Spirit Journey workshop from Karen or Beginner's Journeying from one of the teachers listed on ShamanicTeachers.com. You will need a drum or rattle, sacred objects from your life, notebook, pen, a blanket or pad to lie down on, pillow, eye cover, sunscreen, and any appropriate books from Sandra Ingerman. Wear comfortable clothing, layered for weather changes, and bring a coat.