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Spring Forward, My Friends!

Once again; now 2007. Ah, if we “call in” some moisture this Spring, we have time to appreciate Earth’s offerings, like wild flowers we haven’t seen on the trails for years or more coyote pups singing at night.

Do you ever get a wake-up call that says, “The beauty of Nature is exciting”?

Or do you feel “inconvenienced” by nature?

If you haven’t thought about this in a while, perhaps your children or/and your pets will lick your face!



As a small child, a thunderstorm with lightning and heavy rain on a slate roof, often prompted me into Mom’s bed. In very early Spring back East, the storm could take the electricity out before Dad had even gotten home from work. We had candles going as he built a fire. But, as the brick home shock, I jumped behind the cushions on the couch.



As my mother was still in her 90’s her aides would call and hand the phone to her. I would hear her tears and whimpering turn to laughter as I reminded her of these childhood moments for me.



As I reread Sandra Ingerman's "Medicine for the Earth: How to Transform Personal and Environmental Toxins" and focus myself on "Working with the Elements."

"We can live without food or water for days, but we can survive without air for only minutes at a time."

"Water is life. Where there is no water, there is no life. Every life form on this planet must have water to survive. Water brings nutrients to our cells as well as cleanses us of toxins."

On page 150, when mentioning her Egyptian spiritual teacher Isis, she quotes her: "The power of a place is the water that runs through it."

I Love This!

Exercise: (my adaptation for Colorado)

"Observe the elements around you. Look and feel the Earth in your yard, on the trails where you hike. As you breathe in the air smell it. Is it flowers? When you are 'sourcing' your environment, how do you feel I your Emotional Body?"

"Pollution creates energy that becomes stuck; vital energy is always moving."

OFFERINGS:

Spirit Journey

When: Saturday, April 28<sup>th</sup>

10:00am-4:00pm (Please bring your lunch)

Cost: \$66.00 – Reserve your spot by paying Karen by April 23, by at her P.O. Box above.

Where: 3996 Pebble Beach Drive

From Boulder – drive on SH 36 North to Nevo Road. Turn right. Nevo Road turns and heads east. Then, as Niwot Road, you turn right into the Lake Valley (North Rim) entrance on Country Club Drive. After the road passes the club house and golf course it turns into Pebble Beach Drive. You are headed towards the foothills and go past the stop sign and park near 3996 – on the Left – beige with dark brown trim.

# DOWSING and EARTH ACUPUNTURE

(With an Introduction to Medicine for the Earth by Sandra Ingerman)

When: Fall, 2007

Cost: \$300 or \$250 each for you and a friend.

Includes: Training manual, graphs, a bundle of cut rods to ‘cure’ your home, set of Egyptian rods for your office, a pendulum, a compass and a copy of the book MFTE MEALS (not requiring special needs) filter water and snacks.

Where: Call for Interest

Note: The Apprenticeship Program in Earth Accupunture did not accept any new participants in 2006, as we worked exclusively through the year with apprentices in Aspen, Boulder County, Taos and Steamboat Springs.

It is time now to re-evaluate – especially those of you who have soul’s calling. Please let me know of your special interest. The Apprenticeship Program will then be closed to new participants through 2008.

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Thanks for all your support and referrals! Remember, when you send me a new client, you get 1/2 hour of free services from my practice.

Fondly,

Karen