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Hello Everyone!

As I reap the harvest of my garden and enjoy all the birds, flowers, BEES and the rest, some plans have come to light. Let me share these with you.

The **FIRE CEREMONY** brought such rewards at Summer Solstice that we will be scheduling a ceremony to mark the **FALL EQUINOX, WINTER SOLSTICE** and the **SPRING EQUINOX**, as well.

Cycles and sacred elements: earth, air, and water. We'll probably find a new location in order to better accommodate our needs. The dates will be set as soon as the space is located. Please mark your calendars.

**DOWSING AND EARTH ACUPUNCTURE** is set for Saturday and Sunday, September 8th and 9th. Some of you will have a flier included. If you didn't get one and would like one mailed to you, please call me. Detailed information is on my web site. ([karenriceking.com](http://karenriceking.com))

I am thrilled to announce that I will be teaching a residential program in **CORE SHAMANISM**, hopefully beginning in the Spring of 2008. We will meet for five days, twice a year for two years, gathering in the Spring and Fall. Gold Lake Resort, West of Boulder, CO., may be a great sacred space for this wonderful body of work. No matter what your career is or your spiritual practice please consider the value of this work for professional and personal enhancement. Let me know your interest, as an application will be required for review, as well as journey experience.

Consequently, the **BEGINNING JOURNEY WORKSHOP** will be offered in the fall and winter. Taking this workshop with myself or anyone at [www.shamanicteachers.com](http://www.shamanicteachers.com) will satisfy the requirement.

**MEDICINE FOR THE EARTH: HOW TO REMOVE ENVIRONMENTAL AND PERSONAL TOXINS** will be offered as weekly group and your journey experience is required. Tuesday evening September 18th, from 7:00 PM to 9:00 PM, I am honored to host **RAINBOW EAGLE: SEVENTH FIRE PEACE SHIELD TEACHER**. The event is by donation only and will be held at: **THE DOME, 6374 Niwot Road**. This is an event your Angels or spirits may nudge you for good reason to attend. The cost is a love denotation. Doors open at 6:30 PM.

On page 82 of **A WALK IN THE WOODS**, by Rainbow Eagle:

“Other tribal Elders, and Wisdom Keepers are breaking a long period of silence to share their ancient insights, not only for their own people, but also for anyone who desires to be knowledgeable and optimistic about these times we are in and about the eventful future ahead.”

On page 83 of the same book:

“In the teachings of the peace shield, the Seventh Fire prophet said that in the Seventh Fire the elders would speak; and the ancient wisdom would be offered one more time. The prophet also foretold the signals that would be given to Native people so they would know when to act for the good of “all the relationships.” The signs would include environmental concerns (Earth Change), high levels of technology, threats of the destruction of humanity and, finally, freedom for Native people to practice their ancient ways, if they so desired. The Seventh Fire prophet said that the light-skinned race would be given a choice between two roads; destruction or the lighting of the 8th and final fire. An eternal fire of peace, love, brotherhood, and sisterhood with the great spirit”

As my teaching grows, as it should, I want to keep my time with one-on-one clients, in person and remotely.

In Ted Andrews book, **ANIMAL SPEAKS**, he states that the keynote for Dolphins (porpoise) is the power of Breath and Sound. Their cycle of power is all year-round. On pages 265-266, here are some quotes for your consideration with this trip to the land that Edgar Cayce said Atlantis would rise again.

“The dolphin is a mammal of the sea. The fact that dolphins make their home in the sea is very significant. Many myths speak of how life began in the primordial waters of life. Water is the symbol of creation, passion, and even sexuality. It is the element of all life. It is a symbol of new dimensions and forces.”

On this trip, we will work with our breath, sacred sound and messages that dolphins will share with us as we swim with them in the wild by day and journey with them before bed on a number of evenings. We will also examine water and the ocean as the life giving element that supports all things.

### **NATURE JOURNEY: DOLPHIN as Power Animal**

Facilitated by myself  
Hosted by WILDQUEST

**FALL 2008 or 2009**

“Beginning Journeying” is a requirement for this trip as well as reading **How to Heal Toxic Thoughts: Simple Tools for Personal Transformation** by Sandra Ingerman.

FYI, my condo in Grand County is listed for sale. In the meantime, my “friends and family discount” is still available through me directly.

Please enjoy the rest of your summer.  
Love, Light and Laughter,

*Karen*